# KEY DATA SHEET

| Name of University | Tampere University of Applied Sciences (TAMK)  
International Services (B1-corridor)  
Kuntokatu 3  
FI - 33520 Tampere  
Finland  
Tel. +358 294 5222 (switchboard)  
Email: international.tamk(at)tuni.fi  
Internet: www.tamk.fi/en  
Blog: http://tamk-international.tamk.fi  
Erasmus+ institutional code: SF TAMPERE06  
PIC number 986178728 |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>International Services</strong></td>
<td></td>
</tr>
</tbody>
</table>
| Head of International Services | Ms Kirsi Jokipakka, Erasmus+ Institutional Coordinator  
kirsi.jokipakka(at)tuni.fi, +358 40 837 3061  |
| International strategic partnerships and continuous learning | Ms Clémentine Arpiainen, Project Manager  
clementine.arpiainen(at)tuni.fi, +358 40 660 3424  |
| Partner agreements | Ms Kristiina Alaruusi, International Coordinator, +358 40 718 0126  
international.tamk(at)tuni.fi |
| Incoming students | Ms Marika Kyllönen, International Coordinator, +358 50 307 1409  
Ms Tarja Kononov, International Coordinator, +358 40 841 8847  
incoming.tamk(at)tuni.fi |
| Outgoing students | Ms Eeva Heikkilä, International Coordinator, +358 40 801 6001  
Ms Krista Merikoski, International Coordinator, +358 50 406 7190  
outgoing.tamk(at)tuni.fi |
| Teacher and staff exchanges | Ms Noora Kahra, International Coordinator, +358 50 368 2699  
staffexchange.tamk(at)tuni.fi |
| International mobility projects | Ms Camilla Kalevo, International Coordinator, +358 50 567 5516  
camilla.kalevo(at)tuni.fi |
| Finance | Ms Merja Kallio, International Coordinator, +358 50 441 3256  
merja.kallio(at)tuni.fi |
# Information for Incoming Students

## Academic calendar for 2019–2020

<table>
<thead>
<tr>
<th>Term</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Autumn Term 2019</strong></td>
<td></td>
</tr>
<tr>
<td>Welcome week</td>
<td>19–23 August 2019</td>
</tr>
<tr>
<td>Period 1</td>
<td>1 August–20 October 2019</td>
</tr>
<tr>
<td>Autumn holiday</td>
<td>14 October–20 October 2019</td>
</tr>
<tr>
<td>Period 2</td>
<td>21 October–31 December 2019*</td>
</tr>
</tbody>
</table>

* Classes and exams end by 19 December 2019

<table>
<thead>
<tr>
<th><strong>Spring Term 2020</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcome day</td>
<td>3 January 2020</td>
</tr>
<tr>
<td>Period 3</td>
<td>1 January–1 March 2020</td>
</tr>
<tr>
<td>Spring holiday</td>
<td>24 February–1 March 2020</td>
</tr>
<tr>
<td>Period 4</td>
<td>2 March–31 July 2020*</td>
</tr>
</tbody>
</table>

* Classes and exams end by 31 May 2020

## Possible length of Exchange

- One term (or full academic year, if mentioned in agreement or agreed upon separately)

## Deadlines for exchange nominations and applications

**For Autumn Term 2019 (August–December)**

- Nursing, Physiotherapy, Biomedical Laboratory Science, Radiography and Radiotherapy:
  - Nominations: 1 April 2019
  - Applications: 15 April 2019

- All others:
  - Nominations: 15 April 2019
  - Applications: 30 April 2019

**For Spring term 2020 (January–May)**

- Nursing, Physiotherapy, Biomedical Laboratory Science, Radiography and Radiotherapy:
  - Nominations: 1 October 2019
  - Applications: 15 October 2019

- All others:
  - Nominations: 1 October 2019
  - Applications: 15 October 2019

## Arrival dates for exchange students

<table>
<thead>
<tr>
<th>Term</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Autumn Term 2019</strong></td>
<td>16–18 August 2019</td>
</tr>
<tr>
<td><strong>Spring Term 2020</strong></td>
<td>2 January 2020</td>
</tr>
</tbody>
</table>

## Welcome weeks

<table>
<thead>
<tr>
<th>Term</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Autumn Term 2019</strong></td>
<td>19–23 August 2019</td>
</tr>
<tr>
<td><strong>Spring Term 2020</strong></td>
<td>3 January 2020</td>
</tr>
</tbody>
</table>

## TAMK courses for exchange students

Course lists are published at [http://www.tamk.fi/web/tamken/student-exchange#courses](http://www.tamk.fi/web/tamken/student-exchange#courses). Detailed timetables are given during the Welcome week.

## Other possible courses for exchange students


## Language of tuition

- English (and Finnish)
### Student accommodation
TAMK does not have campus dormitories. Exchange students apply independently by filling in an online application:

- **TOAS** (Tampere Student Housing Foundation) [https://toas.fi/en/](https://toas.fi/en/)
  
*NOTE: TOAS RENTS OUT ROOMS FOR A FIXED PERIOD ONLY:*

- August–December
- January–May

- [Opiskelijan Tampere ry](http://www.opiskelijantampere.fi/en/int-housing/)

*Estimated cost of student accommodation: 250 €–300 €/month including electricity, water, furniture and (in most cases) internet*

### Other costs of living

- EU Registration (if needed): **54 €**
- Tamko Student Union membership: **26 € / term**
- SportUNI – campus gym membership
  - Autumn term **41 €**, Spring term **45€** or the entire academic year **70€**
- Course books: 0 € (can be borrowed from the library)
- Bus card for city of Tampere: **36,50 € / month (under 25-year olds)**
- Bus card for city of Tampere: **53 € / month (over 25-year olds)**
- Lunch at TAMK: **2,60 €**
- Coffee at TAMK: **1 €**
- Sandwich at TAMK: **2–3 €**
- Dinner in a restaurant: **10–15 €**
- Beer in a restaurant: **5 €**

*NOTE: There are many student discounts available (restaurants, cinemas, museums, events, hairdressers and others)*

If there is need to apply for a *Visa* or a *Student Residence Permit* beforehand, the Finnish Immigration will ask the student to prove to have **560€** on her/his bank account for each exchange month in Finland.

### Application procedure


Steps needed:
1) Nomination from home university
2) Online application (further instructions after nomination), including:
   - Photo
   - Motivation Letter
   - CV
   - Transcript of Records
   - Language certificate or TAMK English Language Skills Form
   - Learning Agreement

### Credits in use

1 cr (credit)=1 ECTS credit=27 hours of student work

*One Term=30 cr, Academic year=60 cr*

**Students are expected to take 5 cr/month.**

Grading scale:

- 5=A, 4=B, 3=S=C, 2=D, 1=E (lowest passing grade), 0=F (fail)